



SUGAR PLUM NURSERY SCHOOL



Sugar Plum Nursery School Menu

WEEK1/3

Beef pasta soup and brown bread

Spaghetti Bolognese

Fish pie (alternating weeks- tuna, hake and salmon) served with
sweet potato mash or white potato

Vegetable soup (alternating week chicken/ Lamb) and brown bread

Pasta bake

WEEK2/4

Homemade chicken soup and brown bread

Freshly made chicken nuggets, peas and chips (alternating week
chicken pieces (thighs or drumsticks) with mash and beetroot

Seafood rice

Butternut soup with brown bread

Lasagne (alternating week) Pasta bake

- All ingredients are freshly sourced from Carmo's garden, using fresh herbs too.
 - Meals are freshly prepared with love

